

PSHE Scheme of Work 2023 to 2024: YEAR 7

| AUTUMN TERM 1: SEPTEMBER - OCTOBER | AUTUMN TERM 2: OCTOBER - DECEMBER | SPRING TERM 1: JANUARY - FEBRUARY |
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| <p align="center">My New School</p> <p>AO: To become familiar with Auckland college and my transition to a new school environment. The purpose of this unit is to help pupils settle into Auckland College. It takes them through finding their way around the school building and their new timetable as well as introducing them to the study skills needed in secondary school.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • School environment. • My mental health. • Building friendships. • Dealing with new subjects | <p align="center">Friendship and Bullying</p> <p>AO: To understand how to be a good friend and how to recognise signs of bullying.</p> <p>Pupils will discuss friendships and why they are important to our wellbeing. They will discuss how to be a good friend and how this matches Auckland's values. Pupils will then look at signs of bullying and how to be an upstander rather than a bystander.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Friendships • How to be a good friend • Signs of bullying • Upstanders and bystanders | <p align="center">Identity</p> <p>AO: To understand what makes us unique.</p> <p>Pupils will explore different aspects of their identity, including their family dynamics, gender identity and faiths and values. Pupils will celebrate their differences and understand how to accept other differences.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Family and how to contribute to family life • Gender identity • Stereotypes • Faiths and Values |
| SPRING TERM 2: FEBRUARY - MARCH | SUMMER TERM 1: APRIL - MAY | SUMMER TERM 2: JUNE - JULY |
| <p align="center">World Religions</p> <p>AO: To explore different religions from around the world. Pupils will learn about different religions from around the world to promote their tolerance and empathy.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Christianity • Islam • Hinduism • Buddhism • Sikhism • Judaism | <p align="center">Puberty & Hygiene</p> <p>AO: To develop an understanding of puberty and how to be hygienic.</p> <p>Pupils will discuss the changes that happen during puberty, both physically and emotionally, and identify strategies for coping with these changes and how to help each other. We then discuss good habits to stay hygienic.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Puberty and the physical and emotional changes • Strategies to deal with changes • Good hygiene • Healthy eating and a balanced diet | <p align="center">Reflecting on Year 7</p> <p>AO: To evaluate Year 7 and plan for Year 8. Pupils will reflect on their successes from Year 7 and everything that they have learnt. They will use this to create a plan to be successful in Year 8 and set clear goals in order to achieve this.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Reflecting on successes • Identifying strengths and weaknesses • Growth mindset • Setting targets and goals |