

PE Scheme of Work 2023-2024: GCSE (Year 10 & Year 11)

AUTUMN TERM 1: SEPT - OCT	AUTUMN TERM 2: OCT - DEC	SPRING TERM 1: JAN - FEB
Unit 1: Practical Sport	Unit 1: Practical Sport	Unit 2: Anatomy of the body
<p>LO1 Be able to demonstrate range of skills, techniques and tactics in selected sports.</p> <p>LO2 Know the rules, regulations and scoring systems of selected sports.</p>	<p>LO3 Know the rules and responsibilities of officials in selected sports.</p> <p>LO4 Be able to review sports performance</p>	<p>LO1 Know the structure and function of the skeletal system.</p> <p>LO2 Know the structure and function of the muscular system.</p>
SPRING TERM 2: FEB - MAR	SUMMER TERM 1: APR - MAY	SUMMER TERM 2: JUN - JUL
Unit 2: Anatomy of the body	Assessments Catch up	
<p>LO3 Know the structure and function of the cardiovascular system.</p> <p>LO4 Know the structure and function of the respiratory system.</p>	<p>Term will be focused on assignments from the year, individual plans to complete remaining assignments.</p>	