



## Message from the Management team

Welcome to this month's newsletter. I hope you have all had a great summer, making memories with you little ones. As the new term begins, we have many exciting things planned. During this month in nursery we have explored lots of summer themed activities both indoors and outdoors incorporating the children's experiences into our activities. We have had lots of summer themed activities, beach tuff trays and lots of doll themed activities as some of our children have welcomed new brothers and sisters over the summer.

We have had lots of building work over the summer which the children have been really interested in this has led to children developing their imagination dressing up as builders during role play activities and had so much fun.

Sadly, we have had to say farewell to lacey, sadly Lacey has left us this month to pursue her career as a teaching assistant. We would like to say a big thank you to lacey for all her hardwork and support to the children over the last 11 years and wish her well in the future.

We look forward to welcoming all our children back for our Autumn term and planning lots of Autumn activities for the children to explore.

Thanks again for all your continuous support.

Auckland Management team

### Contents

Page 1

Management  
Message  
Staff  
Introduction  
Important  
Messages

Page 2

What have your  
children been  
up to?

Page 3

Policy of the  
month

Page 4

Recipe of the  
month  
Photographs



My name is Verity and I will be your child's key worker. I am an Early Years Apprentice in Daisy room. I Joined the Auckland team October 2022.

In my spare time I like to spend time with my friends

### Important dates

W/C 4<sup>TH</sup> September All about me week  
W/C 17<sup>TH</sup> September World recycling week and  
collecting coats for the homeless.  
8<sup>th</sup> September world literacy day

## Buttercups

It has been an awesome August in Buttercup room! This month our activities have been inspired by the story 'Harry and the Bucketful of Dinosaurs' and the song 'I can sing a Rainbow', we have had great fun exploring all the colours of the rainbow through different tuff trays including rice, foam and even jelly!

It has been a messy month as we've played with colourful slime, yellow spaghetti and made stomping dinosaur pictures with our footprints, but we have also had our first try at mess free painting to make beautiful rainbow pictures for our display. We have continued to enjoy getting crafty, making dinosaur masks, rice rainbows and colourful paper plates and once again our walls are looking fantastic filled with all our artwork.

## Daisy

We have had lots of fun in daisy room this month. Our story was the three little pigs; we have explored lots of different activities around this. We have done gluing and sticking for the children to make the 3 houses we have done a variety of messy play using foam paint and healthy food tasting. Our song of the month has been five little speckled frogs we have done lots of different activities around this we have done messy play with paint making their own frogs we used frogs in water for the children to find them we have also done a green sensory tuff tray and the children made sock puppets. The children have had lots of fun in the garden we have made tunnels which the children were crawling through through have the cars and Lego building towers.

## Snowdrop

This month we have enjoyed taking part in lots of different activities. We have focused our activities around colours and the children have loved learning each one. We created brand new flashcards and the children were very engaged in both group activities with these and one on one. We used the blocks to create individual colour towers such as a red or a blue tower. Next we used teddy bear colour matching and the children matched each bear to their corresponding bowls. We also used free drawing activities to talk about the coloured crayons and match them up to their flashcards. Animals were also a focus this month singing old MacDonal had a farm and creating farm tuff trays with different textures and farm animals. We talked about different animals and created there sounds and shapes such as slithering along the floor like a snake and roaring.

## Daffodil

This month in daffodil room, we have been reading one of our favourite stories romp in the swamp, we have been doing lots of activities such as dinosaur stomping in the paint, washing the dinosaurs, foam and dinosaurs and different textures with the dinosaurs, we also made marks on the dinosaurs.

For our song we done Leo the lion we made our own crowns for Leo the lion and made our own lion, we also took part in some different tuff trays with different textures.

The children have had a fun filled month and are looking forward to our next song and story we are going to do I can sing a rainbow and Elmer as our story

## Sunflower

We have had another fun filled month in sunflower room! Our story of the month was "the three little pigs". The children enjoyed listening to the story daily at circle time. It has been a favourite! The children have enjoyed enacting the story and role playing. Especially, being "the big bad wolf". We have done a variety of different activities and lots of tuff trays. The children enjoyed getting creative and using their expressive arts and design skills to make pigs, wolfs, fire pits, houses, puppets, masks and lots more with different materials and methods. Our song of the month was "five little men in a flying saucer". The children loved singing at circle time. The children enjoyed doing a range of space tuff trays and again using their expressive arts and design activities to join in craft activities making flying saucers, moons, stars, sky,

## Tulip

This month we have been focusing on Incy Wincy spider and I love my mum. For Incy Wincy we have made our own spiders, rain, sunshine's and welly boots. We have also enjoyed playing in water with spiders and tubes and emptying and pouring the water. Our story I love my mum we have made love hearts, zebras, fish and flowers with our hand prints. We also talked about our families and drew family portraits. In August we celebrated summer and enjoyed lots of summer holiday themed activities like digging in the sand, beach tuff trays. We have said goodbye to some of our friends who moved up to Pre Prep and welcomed new friends who have moved up to Tulip room. We have had a fun month and are looking forward to our next story Elmer and our song yellow submarine.

## Use of dummy in nurse policy

At Auckland House Day Nursery, we recognise that a dummy can be a source of comfort for a child who is settling and/or upset, and that it may often form part of a child's sleep routine.

We also recognise that overuse of dummies may affect a child's language development as it may restrict the mouth movements needed for speech. As babies get older, they need to learn to move their mouths in different ways, to smile, to blow bubbles, to make sounds, to chew food and eventually to talk. As babies move their mouths and experiment with babbling sounds, they are learning to make the quick mouth movements needed for speech. The more practice they get the better their awareness of their mouths and the better their speech will be.

Our nursery will:

- Discuss the use of dummies with parents as part of babies' individual care plans
- Only allow dummies for comfort if a child is really upset (for example, if they are new to the setting or going through a transition) and/or as part of their sleep routine
- Store dummies in individual hygienic dummy pots labelled with the child's name to prevent cross-contamination with other children
- Immediately clean or sterilise any dummy or bottle that falls on the floor or is picked up by another child.
- In Buttercups they will also use 'on the go' Sanitising water.

When discouraging the dummy staff will:

- Make each child aware of a designated place where the dummy is stored
- Comfort the child and, if age/stage appropriate, explain in a sensitive and appropriate manner **why they do not** need their dummy
- Distract the child with other activities and ensure they are settled before leaving them to play
- Offer other methods of comfort such as a toy, teddy or blanket
- Explain to the child they can have their dummy when they go home or at sleep time.

We will also offer support and advice to parents to discourage dummy use during waking hours at home and suggest ways which the child can be weaned off their dummy through books and stories.

## Recipe of the month – Beef Hot Pot



Cooked by our  
Chef Claire

### Ingredients

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince
- 90g pack prosciutto
- half quantity of our tomato sauce (see the recipe), or 800g passata
- 200ml hot beef stock
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

### Method

1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
3. Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
4. Bring up to the boil, then simmer for 30 mins until the sauce looks rich.
5. Heat oven to 180C/fan/160C/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
6. Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
8. Scatter 125g torn mozzarella over the top.
9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.

7

