



## Message from the Management team

Welcome to this month's newsletter. As our Summer term has come to an end, I would like to say a huge thank you to the staff for their continual hard work and dedication over the last few months. We would like to wish all our children moving from Sunflower and Tulip to pre-prep lots of luck we are going to miss you all. We would like to thank all parents for their continuous support throughout the past year through all the changes that have taken place now and moving forward.

We are looking forward to the building work being completed next month and we are so excited to show off our new room which will be situated opposite to Snowdrop room. Our recruitment is still ongoing as we look to recruit new qualified staff before the autumn term commences in September.

Thank you to all our Tulip and Sunflower parents for attending our sports day our children had so much fun!

Once again we would like to thank you for your continuous support, we hope you all have a wonderful summer and we look forward to welcoming you all back September 2023.

Auckland Management Team

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My name is Siobhan and I will be your child's key worker. I am an Early Years Practitioner in Tulip room. I Joined the Auckland team January 2014. I am a level 3 practitioner and have over 5 years' experience in childcare.

I am a mum to two little boys and enjoy spending time with them and my family.

### Important Messages:

28<sup>th</sup> August 2023 – Nursery closed

- All rooms are looking to update their family walls, please send in some family pictures for your child.
- Please ensure you provide Nappies and wipes daily for your child.

## Buttercups

A jolly July in Buttercup room! This month our activities have been inspired by the story 'The Very Hungry Caterpillar' and the song 'The Wheels on the Bus'. We have explored textures and colours through caterpillar and traffic light themed tuff trays, had lots of fun playing with toy cars and even had a fruit tasting session! It has been a month filled with crafts! Getting messy as we painted pictures of fruit, butterflies and buses, explored mark making with toy cars and potato stamps and made a fantastic paper plate caterpillar. Our display boards are now looking fantastic, filled with all our beautiful creations!

Although it has been a rainy month we have managed to bring the beach to buttercup room with some sand tuff trays! We have enjoyed digging, building castles and playing in the sand. As we head into August we're looking forward to more tuff tray fun and are preparing to start welcoming more new faces to the room!

## Daisy

We have had such a lovely time in daisy room this month. Our song was row row row your boat, we done lots of fun activities around this such as water play with boats. We used recycled materials to make our own 3d boats. We loved gluing and sticking and painting to make our own boats. We also decorated the different animals from the song. Our story was goldilocks and the 3 bears, the children loved listening to the story. We done lots of creative activities to make the different characters from the book such as goldilocks, the 3 bears etc. The children loved exploring different textures and making marks. We also explored messy play activities such as porridge, the children loved exploring the textures of the porridge as well as tasting it.

We have had so much fun in the garden and exploring different messy play activities.

## Daffodil

This month in daffodil room we have been reading The Very Hungry Caterpillar and singing old McDonald had a farm. The children have enjoyed reading The Very Hungry Caterpillar and taking part in all the different activities, they have made their very own caterpillar and decorated some of the fruits, they have also made their own healthy eating plates and been recognising different colours.

For old McDonald had a farm we have made our own farm house, decorated some pigs and took part in a lot of different farm tuff trays, we have also been looking For the animals in the foam and washing the animals too.

Next month our story will be romp in the swamp and our song will be Leo the lion.

## Snowdrop

This month our story of the month was hospital dog. The children really enjoy this story. We spoke about Pets and which pets we have at home. We also used flash cards to help us Identify which pets need what to look after them. We would make different pets sounds such as dog, cat and hamsters. We free drew dot the dog from the story. We also looked at a first aid kit and practiced some first aid on the dolls. We also spoke about road safety, making sure we look for the green man. We played the traffic lights game which the children loved

Our song of the month was jungle. We used jungle animal flash cards to help us make the animals sounds and actions for the animals, which was really funny some of the actions. We also made paper plates elephants and monkeys. The monkeys we made a tree they could swing off. We made actions for our song. We made some leaves. We had lots of animal tuff spot trays, the edible ones where our favorite.

Sunflower This month we have had lots of fun in Sunflower room. Our story of the month has been "Peppa Pig's Camper Van" and we have enjoyed exploring a range of textures and materials to create different things such as camper vans, peppa's family, camp fires and acting out the story through tuff trays. Our rhyme of the month has been twinkle twinkle which we have been practising and learning with our best singing voices and made up some actions to go with it! We made our own moons, painted our own stars and made clouds too! This month we have been focusing on summer, we have enjoyed making our own sun shines, beach pictures and flowers. At circle time, we have been sharing what we have been up to such as going on our holidays and fun days out! We also celebrated sports day this month and got involved in some different activities such as the egg and spoon race, an obstacle course, skipping and races with the bean bags!

**Tulip** This month in Tulip we have had so much fun! For our song miss Polly had a dolly we have been washing dollies, looking after dollies and putting them to bed! We have also explored creative activities and made our own dollies and doctors hats and bags. We loved using the materials in different ways. Our story Peppa's Petting zoo we have enjoyed exploring different animal tuff trays and exploring textures and learning new words to describe them. We have also made our own animals that are in the story and peppa pigs family. We enjoyed our sports day and had loads of fun taking part in different games and seeing some of our families!

## Use of dummy in nursey policy

At Auckland House Day Nursery, we recognise that a dummy can be a source of comfort for a child who is settling and/or upset, and that it may often form part of a child's sleep routine.

We also recognise that overuse of dummies may affect a child's language development as it may restrict the mouth movements needed for speech. As babies get older, they need to learn to move their mouths in different ways, to smile, to blow bubbles, to make sounds, to chew food and eventually to talk. As babies move their mouths and experiment with babbling sounds, they are learning to make the quick mouth movements needed for speech. The more practice they get the better their awareness of their mouths and the better their speech will be.

Our nursery will:

- Discuss the use of dummies with parents as part of babies' individual care plans
- Only allow dummies for comfort if a child is really upset (for example, if they are new to the setting or going through a transition) and/or as part of their sleep routine
- Store dummies in individual hygienic dummy pots labelled with the child's name to prevent cross-contamination with other children
- Immediately clean or sterilise any dummy or bottle that falls on the floor or is picked up by another child.
- In Buttercups they will also use 'on the go' Sanitising water.

When discouraging the dummy staff will:

- Make each child aware of a designated place where the dummy is stored
- Comfort the child and, if age/stage appropriate, explain in a sensitive and appropriate manner

**why they do not need their dummy**

- Distract the child with other activities and ensure they are settled before leaving them to play
- Offer other methods of comfort such as a toy, teddy or blanket
- Explain to the child they can have their dummy when they go home or at sleep time.

We will also offer support and advice to parents to discourage dummy use during waking hours at home and suggest ways which the child can be weaned off their dummy through books and stories.

## Recipe of the month – Beef Hot Pot



Cooked by our  
Chef Claire

### Ingredients

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince
- 90g pack prosciutto
- half quantity of our tomato sauce (see the recipe), or 800g passata
- 200ml hot beef stock
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

### Method

1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
3. Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
4. Bring up to the boil, then simmer for 30 mins until the sauce looks rich.
5. Heat oven to 180C/fan/160C/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
6. Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
8. Scatter 125g torn mozzarella over the top.
9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.

